THE ACADEMY **OF NATURAL SCIENCES**

of DREXEL UNIVERSITY

1900 Benjamin Franklin Parkway Philadelphia, PA 19103

Dates to Remember...

ALL WINS

WINS Holiday Get-together - Wednesday, December 17th 4:00pm to 6:00pm WINS Safari Overnight - Friday, January 9th at 6:30 until Saturday at 7:00am "Life After WINS" Alumnae Panel - Thursday, March 19th 4:00pm to 6:00pm

WINS I

First Class of Winter Session Wednesday, January 7th 4:00pm to 5:30pm

Field Trip! Wagner Museum Monday, January 19th 9:00am to 1:00pm

Field Trip! - Adventure Aquarium Saturday, February 21st 9:30am to 3:30pm

Field Trip! - Spring Recess trip to Delaware AERC Tuesday, March 31st to Friday April 3rd

WINS II

Seniors PEEC Trip! Friday to Monday, January 16th-19th

Marcelus Shale Workshop Thursday, January 22nd 4:30pm to 6:00pm

"Love Yourself: Mind, Body and Soul" Workshop

Saturday, February 7th 9:00am to 3:00pm

Banking & Budgeting Workshop Thursday, February 12th 4:30 to 6:00pm

Field Trip! - Lehigh University & Cedar Crest College Saturday, March 7th 8:45am to 5:00pm

WINS Newsletter Editors

WINS

Betsy Payne Kimberly Godfrey

Contributors laidah Murray Mary-Janat Kamagate

Send your comments or questions to: Betsy Payne, WINS Managei The Academy of Natural Sciences of Drexel University 1900 Benjamin Franklin Parkway Philadelphia, PA 19130 sep65@drexel.edu (215) 299-1064 (215) 299-1165 fax

> All activities are rain or shine!

Please let Ms. Betsy know if you cannot make it to an activity beforehand.

THE ACADEMY OF NATURAL SCIENCES

Women In Natural Sciences (WINS) is an innovative and successful science enrichment program conducted by the Academy of Natural Sciences of Drexel University in collaboration with the School District of Philadelphia. Since its founding in 1982, WINS has been providing female public school students with hands-on science classes, scientific literacy and skill-building activities, and opportunities for personal growth in a uniquely nurturing setting.

INSIDE THIS **ISSUE:**

My WINS Experience	2
Birthday Girls	2
College Tour 2014	1

Dates to Remember



VOLUME II ISSUE 4

Alumnae - let's "WORK IT"!

If you are a WINS alumnae that are about to graduate, are out looking for a job, or are in transitions between jobs you have got to hear this! *Career* Wardrobe has joined Women In Natural Sciences to present a day of activities about networking for WINS alumna.

We hear a lot about networking, but was does it really mean? Networking is leveraging your professional and personal connections to help further your career. Need some help? Then, join us for Work it! on Tuesday, December 30th, 2014 and learn about networking and how to present yourself in a professional manner. The day will include the following:

- Experts presenters on LinkedIn and in-person networking,
- Photographer to provide headshots.
- Beauty professionals to provide styling to participants; and Professional attire to those who
- participate.



WINS participants and Alumnae dressed for success by Career Wardrobe at the WINS 30th Anniversary Luncheon in 2012.

WINS Newsletter

DECEMBER 2014

At the end of the day, participant will also have the opportunity to meet some of the Academy's Board Members and collaborators. This will be the perfect time to put into practice the skills learned throughout the day!



Career Wardrobe is the nation's largest independent, community-based nonprofit organization serving women transitioning into the workforce by providing professional attire, educational programs, networking tools and opportunities. Since 1995, Career Wardrobe has assisted nearly 80,000 women by inspiring the confidence necessary to achieve independence. They have also collaborated with the WINS program by providing our girls and alumnae with attire for our 30th anniversary luncheon and also by presenting in our "Love Yourself: Polish your Professional Image" this year.

Work it! is free to participants, but you **must** make a reservation because space is limited. If you are interested, please call Betsy Payne, WINS Manager at (215) 299-1064 by Friday, December 19th. There are only 25 spaces available - so call soon!

Betsy Payne, WINS Manager

My WINS experience

Being in the Women In Natural Sciences program has given me many opportunities. One was the chance to be a part, along with 14 other WINS, of the Women on the Water (WOW), a river adventure in conjunction with the Poconos Environmental Education Center (PEEC) and the National Parks Foundation. There are not any words to describe how interactive, spirited, and empowering the WOW program was. WOW not only helped me become one with the water, but gave me a chance to really listen to the sounds of nature, and forget the stresses of the city life. This may sound untrue, but living in the city I have never seen so many stars in the sky like I did while lying in the grass at WOW.

While we were unable to canoe the first few days because of heavy on and off rain and thunder, we did not let that get us down. We ate beans and soup outside on portable burners, shared funny stories, and compared the Poconos to the city. I never imagined myself canoeing for about 10 miles straight with another girl. We pushed through; singing songs while going down stream, and feeling the cool breeze bounce off of some of the clearest water in the area. After, when we were done we had sore, tan, and weak arms.

For me, getting to know the WINS II girls on a more personal level was a real gain. Having to set up tents, cook dinner, and carry equipment showed how truly strong, physically and mentally us young women could be. At WOW we not only learned the rules of the water and camping, but we split up tasks, empowered one another, and learned to work as a team. As the saying goes "Girls compete with each other, Women empower one another", and I guess WOW turned us all into true Women. This I will take with me for the rest of my life.

Jaidah Murray, WINS II

Jaidah Murray, second from left, with the WINS WOW group in PEEC getting ready to go canoeing down a stretch of the Delaware River.





WINS NEWSLETTER

VOLUME II ISSUE 4

College Tour 2014

Of all of the fun and exciting overnight trips we take during our high school years in WINS, College Tour is definitely the top in ranking. Since WINS is a science program, most of the trips and classes we have pertain to something in the field of science. So on trips like the Delaware overnight trip we take during spring break, we would learn about the environment and the surrounding marshes. College Tour, however, is less science intensive and more college preparatory. Once you're in WINS II you're basically getting as best prepared for everything college-wise as possible.

This year during College Tour we got to visit the Rhode Island/Massachusetts area. Among the colleges we visited were: Simmons College, Bryant University, Brown University and Harvard University. Just having the experience of visiting a college campus could make or break your decision to apply. It also gives you a feel of the environment or atmosphere the area gives you. Some schools are in more rural areas which probably wouldn't be a good pick for someone like me, who would prefer the city. These are things you get to experience first hand and really enhance your view of the school.



The WINS II class of 2014-2015 visiting Brown University. Zakia Elliot, second from right in the front row, is a WINS Alumna and current Brown University student who joined us to show off her school. To her right is Donneice Brownlee, also a WINS Alumna and one of our college tour chaperones.



WINS II Seniors (clockwise from left) Tiffany Neely, Alyssa Fairfax, Kiambi Bruce, Mary-Janat Kamagate, Mahogany Davison, Sandy Tang, Michelle Huynh and Betty Louis while touring Simmons College in Boston, MA.

I've been going on the College Tour trips since my sophomore year and each year my knowledge about college and the years afterwards gets expanded. In addition to the tours we have college workshops where we talk about financial aid, balancing your life during college and importantly, the college application process. Though the process of applying is long and sometimes stressful, receiving the aid or just knowing that the aid from

WINS is always available to you makes the process less scary. Even though I'm a senior in high school, currently working through these college applications, the value of going on College Tour isn't lost. You can always find out something new or even add a new school to your list (which was what I did).

Mary-Janat Kamagate WINS II